



The Peer Mentoring Scheme is a brand new European Social Fund initiative. It is an integral part of the Welsh Assembly Government's strategy to help and support drug and alcohol users to make positive, sustainable lifestyle changes. The ultimate aim of the Scheme is to enable individuals with a history of drug and/or alcohol use to become economically independent by entering employment.

This new and exciting service will be delivered by a partnership of existing local agencies:



PEER MENTORING SCHEME

DO YOU WANT TO MAKE REAL CHANGES IN YOUR LIFE?

Would you like to:

- Go on a course?
- Do some training?
- Become a volunteer?
- Get a job?

If the answer's yes, then this could be the service for you!

Who's this scheme for?

- Drug and/or alcohol users who are 18 or over
- Residents of Rhondda Cynon Taf, Merthyr Tydfil, Caerphilly, Torfaen or Blaenau Gwent

What can the scheme offer me?

- A mentor to help and support you in making positive changes
- Someone who understands what you're going through
- Someone who can be with you when you take those first steps and face new experiences
- A mentor who'll give you ongoing support, even when you're out of treatment
- Access to training and education that will meet your personal needs and will help you in entering voluntary work and employment

Drugaid

Peer Mentors will work with you and your case worker (if you have one) to help you to build your confidence and to support you in getting into training, education, voluntary work and employment.

What can you expect from us?

An individual service that's tailored to your needs which will include confidential advice, information, guidance and practical support.

What will we expect from you?

We expect you to make a real commitment to make positive changes and to move on. We hope you'll engage fully with us, attend all of your appointments and contact us if you ever need to rearrange.

Contact Details:

Rhondda Cynon Taf

Brynffynon House
46 Merthyr Road
Pontypridd CF37 4DD
Tel: 01443 407686

Merthyr Tydfil

MIDAS
1st Floor, Oldway House,
Castle Street,
Merthyr Tydfil CF47 8UX
Tel: 01685 721991

Caerphilly

Gwent Alcohol Project
1st Floor
42 Cardiff Road
Caerphilly
Tel: 02920 867065

Torfaen & Blaenau Gwent

The Citadel
Mount Street
Tredegar
South Wales NP22 3QL
Tel: 01495 713040